



## ST. BARNABAS CATHOLIC CHURCH

3955 Orange Avenue  
Long Beach, CA 90807



### FIRST FRIDAY EUCHARISTIC ADORATION SCHEDULE

*"Could you not watch one hour with me?" (Mark 14:37)*

***Adoration of the Blessed Sacrament  
every first Friday of the Month  
from 8:30 AM to 7:00 PM with various devotions  
and moments of silent prayer throughout that time.  
\*Mass at 8:00am & 7:30pm\****



- 8:00 - 9:00... **HOLY MASS & EXPOSITION OF THE BLESSED SACRAMENT**
- 9:00- 11:00... **SILENT ADORATION**
- 11:00-11:30... **START OF FIRST FRIDAY DEVOTION** - OPENING SONG (O' SACRED HEART) AND PRAYERS,  
CONSECRATION TO THE SACRED HEART OF JESUS AND THE IMMACULATE HEART OF MARY
- 11:30 -12:00... HOLY HOUR PRAYER OF REPARATION (BY THE LEGION OF MARY GROUP)
- 12:00-12:30... INTERCESSORY PRAYER
- 12:30- 12:45... OUR LADY OF GUADALUPE DEVOTION PRAYERS /HOLY ROSARY -**THE GLORIOUS MYSTERY**  
(BY OUR LADY OF GUADALUPE GROUP)
- 12:45-1:15... HOLY ROSARY **THE SORROWFUL MYSTERY** & CENACLE PRAYERS (MARIAN MOVEMENT GROUP)
- 1:15-2:30... **SILENT ADORATION**
- 2:30-3:00... PRAYERS FOR VOCATIONS TO THE PRIESTHOOD AND RELIGIOUS LIFE
- 3:00-3:15... CHAPLET OF THE DIVINE MERCY/ DIVINE MERCY PRAISES
- 3:15-4:00... **SILENT ADORATION**
- 4:00-4:30... PRO LIFE ROSARY **THE JOYFUL MYSTERY** -PRAYERS FOR THE UNBORN  
(BY THE KNIGHTS OF COLUMBUS/RESPECT LIFE)
- 4:30-5:00... HOLY ROSARY **THE MYSTERY OF LIGHT/LUMINOUS** (BY FIL-AM ASSOCIATION)
- 5:00-6:00... THE NINE OFFICES OF THE SACRED HEART OF JESUS
- 6:00-6:05... ANGELUS
- 6:05-6:30... CHAPLET OF THE SEVEN SORROWS OF MARY (BY COUPLES FOR CHRIST)
- 6:30-6:45... NOVENA PRAYER TO SAINT PEREGRINE, PATRON SAINT OF CANCER PATIENTS
- 6:45-7:00... **SILENT ADORATION**, REPOSITION/ CLOSING PRAYER AND SONG
- 7:30 ... **HOLY MASS**

**All are welcome at any time to come visit with Our Lord!**

"The Church and the world have a great need of Eucharistic worship. Jesus waits for us in this Sacrament of Love. Let us be generous with our time in going to meet Him in adoration and in contemplation that is full of faith... May our adoration never cease."

- Saint John Paul II

*Come to Me, all of you who are weary and find life burdensome, and I will refresh you  
(Matthew 11:28)*