



St. Barnabas Catholic Church  
Long Beach, CA  
Wednesdays @ 6:30 pm

**Our Lady of Perpetual Help Novena Prayer**

**Opening Hymn:**

Immaculate Mother, to you do we plead  
To ask God our Father, for help in our need.  
Ave, Ave, Ave, Maria (2x)  
We pray for our country, the land of our birth,  
We pray for all nations, that peace be on earth.  
Ave, Ave, Ave, Maria (2x)

**Opening Prayer**

**Leader:** Dear brothers and sisters, as children of our Blessed Mother, we are gathered in the presence of our Lord in this Blessed Sacrament to worship Him and praise Him; and before Our Lady's miraculous picture to honor her and seek her intercession for all our needs. Unworthy children that we are, let us first of all ask God's mercy and pardon.

**All:** Merciful Father, you sent your Divine Son, to redeem us by his death and resurrection, to give us new life. By this you make us your children, to love one another in Christ. How many times in the past, we have forgotten this sublime dignity. We have sinned against our brothers and sisters; we have offended you. Merciful Father, forgive us. Repenting sincerely of our sins we ask your mercy; may we always live as your truly devoted children.

**Leader:** Dear Mother of Perpetual Help \* from the cross Jesus gave you to us as our Mother. You are the kindest, the most loving \* of all mothers. Look tenderly on us your children \* as we now ask you to help us in all our needs\* especially this one ... *(Pause to recall your petitions)*.

**All:** While you were on earth, dear Mother \* you willingly shared in the sufferings of your Son.\* Strengthened by your faith and confidence \* in the fatherly love of God \* you accepted the mysterious designs of His Will.\* We, too, have our crosses and trials.\* Sometimes they almost crush us to the ground.\*

Dearest Mother, \* share with us your abundant faith and confidence in God.\* Make us aware that God never ceases to love us; \* that He answers all our prayers \* in the way that is best for us. \* Strengthen our hearts to carry the cross \* in the footsteps of your Divine Son. Help us to realize \* that he who shares the cross of Christ \* will certainly share His resurrection.

Dearest Mother,\* as we worry about our own problems \* let us not forget the needs of others.\* You always love others so much; \* help us to do the same. \* While praying for our own intentions \* and for the intentions \* of all who are participating in this Novena, \* we earnestly ask you, our Mother \* to help us comfort the sick and the dying, \* give hope to the poor and unemployed, \* heal the broken-hearted, \* lighten the burden of the oppressed, \*teach justice to their oppressors, \* and bring back to God \* all those who have offended Him.

Dearest Mother, \* help us to avoid sin \* which separates us \* from our heavenly Father \* and from one another. \* Full of trust in you \* we place ourselves under the mantle of your maternal protection, \* and confidently hope \* for your powerful help. Amen!

### **Prayer for the Home**

**Leader:** Mother of Perpetual Help \* we choose you as Queen of our homes. We ask you to bless all our families \* with your tender motherly love. May the Sacrament of Marriage \* bind husbands and wives so closely together, \* that they will always be faithful to each other, \* and love one another as Christ loves his Church.

**All:** We ask you to bless all parents. May they love and cherish their children \* whom God has entrusted to them. May they always give them the example \* of a truly Christian life. Help them to bring up their children \* in the love and fear of God. Bless all children \* that they may love,

honor, and obey \* their fathers and mothers. To your loving care \* we especially entrust the youth of today.

Give us all a sense of responsibility, \* that we may do our part \* in making our home a haven of peace, \* like your own home at Nazareth. We take you as our model. Help us to grow daily in genuine love of God and neighbor \* so that justice and peace may happily reign \* in the entire family of mankind. Amen!

### **Petitions to our Mother of Perpetual Help**

#### **Leader:**

#### **Response:**

Holy Mary,

Pray for us.

Holy Virgin, Conceived without Sin

Pray for us.

Our Mother of Perpetual Help,

Pray for us.

We sinners call to you

Loving Mother, help us.

***(Please continue to respond "Loving Mother, help us.")***

- ***(During Easter):*** That we may rejoice with you at Christ's victory over death.

That we may be filled with the Holy Spirit and become courageous witnesses of Christ's love for men.

- That we may be more and more like our Divine Lord, as you were.

- That we may be meek and humble of heart like your son, Jesus.

- That we may fear losing God's friendship forever by unrepented sin.

- That we may seek Christ's mercy and forgiveness constantly in the sacrament of Penance.

- That we may be aware of God speaking to us in the events of daily life.

-That we may pray daily with love and trust, especially in moments of temptation.

-That we may realize the value of worshipping God together in the Eucharist.

-That we may grow in the love of Christ and neighbor by frequent Communion.

-That we may reverence our bodies as temples of the Holy Spirit.

-That we may strive to be true Christians by our loving concern for others.

- That we may proclaim the dignity of work by doing our own work conscientiously.
- That we may forgive from our heart those who have wronged us.
- That we may see the evil of seeking our own interest at the expense of others.
- That we may work for the just distribution of this world's goods.
- That we may share our talents with others for the good of the community.
- That we may accept our responsibility in the community in a spirit of genuine service.
- That the Holy Spirit may guide and strengthen Pope Francis, the Bishops, and the clergy.
- That we may be blessed with an increase in Priestly and religious vocations.
- That we may bring the knowledge and love of Christ to those who do not know him.
- That we may be aware of our dependence in God in the midst of human achievements.
- That we may be ready at death to enter the home of our heavenly Father.
- That we may die at peace with Christ and our fellow men.
- That we may be comforted at the death of our dear ones by our hope in the risen Lord.
- That our departed brothers and sisters quickly share in your son's resurrection.

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**Leader:** Let us pray in silence for our own intentions...

**All:** Holy Mary, help us in our needs \* pray for all the people of God; \* may all experience your perpetual help.

**Leader:** Lord, you gave us Mary to be our Mother ever ready to help us; grant us the grace to have recourse to her in all our needs.

**All:** Amen!

***[Consecration: (1<sup>st</sup> Wednesday of the month)]***

*Leader: Immaculate Virgin Mary, Mother of God and Mother of the Church, you are also our Mother of Perpetual Help. With hearts full of love for you, we consecrate ourselves to your Immaculate Heart, so that we may be your devoted children. Obtain for us true sorrow for our sins and fidelity to the promises of our Baptism.*

**All:** *We consecrate our minds and hearts to you that we may always do the will of our heavenly Father. We consecrate our lives to you that we may love God better, and live not for ourselves but for Christ your Son, and that we may see him and serve him in others.*

*By this humble act of consecration, dear Mother of Perpetual Help, we pledge to model our lives on you, the perfect Christian, so that consecrated to you in life and in death, we may belong to your Divine Son for all eternity. Amen!]*

### **Memorare:**

**Leader:** Let us pray the Memorare, asking our Mother to help us.

**All:** Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen!

### **Song: Mother of Christ**

Mother of Christ, Mother of Christ,  
What shall I ask of thee?  
I do not sigh for the wealth of the earth,  
For the joys that fade and flee  
But, Mother of Christ, Mother of Christ  
This I do long to see,  
The Bliss untold which thine arms enfold,  
The treasure upon thy knee.

Mother of Christ, Mother of Christ,  
I toss on a stormy sea,  
O lift thy Child as a beacon light,  
To the port where I fain would be,  
Then, Mother of Christ, Mother of Christ,  
This do I ask of thee,  
When the voyage is over,  
O stand on the shore,  
And show Him at last to me.

### **Prayer for the Sick**

**All:** Lord Jesus Christ \* you bore our sufferings and carried our sorrows \* in order to show us clearly \* the value of human weakness and patience; \* graciously hear our prayers for the sick. Grant that those who are weighed down \* with pain and other afflictions of illness \* may realize that they are among the chosen ones \* whom You call blessed. Help them to understand \* that they are united with You in Your sufferings \* for the salvation of the world. Amen!

### **Thanksgiving Prayer**

**Leader:** Let us now thank our Mother of Perpetual Help for the favors that we and others have received through her intercession.

**All:** O Mother of Perpetual Help\* with grateful hearts we join you \*in thanking God \* for all the wonderful things\* He has done for us\* especially for having given us Jesus your Son\* as our Redeemer. O God our Creator\* we thank you for creating us in your image and likeness\* and for giving us this earth to use and develop\* to respect and cherish. Despite our failures\* you continue to show your love for us today\* by increasing the life of your Spirit in us. Finally we thank you loving Father \* for giving us Mary the Mother of your Son\* to be our Mother of Perpetual Help. We are grateful for all the favors\* we have received through her intercession. We pray that those past favors may inspire us \* to greater confidence in your loving mercy\* and to seek the aid of our Mother of Perpetual Help. Amen!

**Song: TANTUM ERG**

Tantum ergo Sacramentum  
Veneremur cernui,  
Et antiquum documentum  
Novo cedat ritui;  
Praestet fides supplementum  
Sensuum defectui.

Genitori Gentioque  
Laus et jubilatio,  
Salus, honor, virtus quoque  
Sit et benedictio;  
Procedenti ab utroque  
Compar sit laudatio. Amen.

**Priest:** You have given them Bread from heaven.

**All:** Having within it all Sweetness.

**Priest:** Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood, help us to experience the salvation you won for us, and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever. **All:** Amen!

**The Divine Praises**

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true man.  
Blessed be the name of Jesus.  
Blessed be His Most Sacred Heart.  
Blessed be Jesus in the Most Holy Sacrament of the Altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most holy.  
Blessed be her holy and Immaculate Conception.  
Blessed be her glorious Assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be Saint Joseph, her most chaste spouse.  
Blessed be God in his angels and in his Saints.

## **Reposition of the Blessed Sacrament**

Holy God, we praise thy name;  
Lord of all, we bow before thee!

All on earth thy sceptre claim,  
All in heav'n above adore thee;  
Infinite, thy vast domain,  
Everlasting is thy reign.  
Infinite, thy vast domain,  
Everlasting is thy reign.

Hark! the loud celestial hymn  
Angel choirs above are raising;  
Cherubim and Seraphim,  
In unceasing chorus praising;  
Fill the heav'ns with sweet accord:  
"Holy, holy, holy Lord!"  
Fill the heav'ns with sweet accord:  
"Holy, holy, holy Lord!"